

ZENWORKS YOGA INSTRUCTOR INTENSIVE

ARE YOU READY TO BECOME A ZENMAKER?

NEO's longest running provider of school based mindfulness and yoga, is growing!

This is a scholarship sponsored program. Now accepting applications!

We are seeking **mission aligned** folks who are **passionate** about **shifting the wellness** narrative in under-resourced schools through the practices of mindfulness and yoga.

Our instructor intensive is for anyone with a background or interest in yoga, mindfulness, social emotional learning, mental health, education or related fields. This immersive, 45 hour training is specialized to meet the nuance of serving our core population in the school setting, and eliminates the barrier of having a traditional 200 hour yoga teacher certification.

Graduates of the program will be certified to facilitate our signature 20 week curriculum within a community of partner schools in the Cleveland Metropolitan and surrounding districts.

PREREQUISITES

- · Experience working with children, teens, or educators/school systems
- Aligned with ZWY mission
- Availability between 8am-3pm, M-F during the school year (minimum 3 hr./week)

DETAILS

July 11, 18, 25, August 1, 8 | 9:00 am- 4:00 pm August 15, October 24th | 9:00 am- 1:00 pm

Investment: \$1.200

*Early Bird \$1,050 by June 1st!



